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SOCIAL JUSTICE VS SOCIAL INJUSTICE

Social justice is an important issue that involves the equal distribution of economic, political and social rights within a society. There are five main principles of social justice that include access to resources, equity, participation, diversity, and human rights. Social justice tries to promote fairness and equity across a society.

On the other hand, social injustice is when society starts to treat people within its community unfairly. A hierarchy is created where people are ranked “higher” and “lower” and are placed in a certain class system. In most cases people are unaware that they are complying to this hierarchy and this is what’s known as the unconscious bias. In order to embark towards change, we must become aware of this bias and try to realize some of the challenges that other people face to correct social injustice.

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SOCIAL INJUSTICE DURING COVID-19



COVID-19 has had a huge impact on the world, and it has made social justice movements in 2020 a lot more challenging. In many other countries the global pandemic negatively impacted social injustice. For example, in certain jobs fields it was noted that twice as many women lost their jobs compared to their male co-workers during the pandemic.

There are some current social injustice issues that are ongoing such as Anti-Black discrimination, Canada's Indigenous peoples, environmental issues, and global and poverty injustices. Being aware of these issues is the first step in becoming part of the solution.

During this pandemic social media has been a huge influence on promoting social justice movements such as Black Lives Matter.

University of Ottawa World Vision Mission

To operate a student run non-profit organization that raises awareness of the injustices in the world and organizes funds to support these causes in conjunction with the campaigns of World Vision Canada.

HOW CAN YOU HELP?

There are many things that you can do to bring awareness to social injustice and help inspire change!

- 1. Recognize your privileges and your biases**
 - a. Think about your actions and reflect if you are unconsciously reinforcing social injustice.**
- 2. Get involved**
 - a. If you see something wrong happening, use your voice and speak up.**
- 3. Listen to people's stories**
 - a. Be a good listener and learn from someone's story.**
- 4. Educate yourself**
 - a. Learn about social injustice happening in your community. Sign petitions!**

